

College of the Marshall Islands
COURSE OUTLINE

CIP No. 51.1611

NURS 122
Alpha Number

Nursing of Adults I
Course Title

Course Description

Focuses on nursing care of hospitalized young and middle-aged adults in the acute and perioperative health care settings. Includes normal and pathological functions of body systems and structures. Emphasizes care of acute, non-critical conditions in young adults. Includes classroom instruction and clinical practicum.

Course prepared by: Nursing and Allied Health September 2008

	<u>Hours per Week</u>	<u>Number of Weeks</u>	<u>Total Hours</u>	<u>Credits</u>
Lecture	<u>3</u>	<u>16</u>	<u>48</u>	<u>3</u>
Laboratory				
Clinical	<u>10</u>	<u>16</u>	<u>160</u>	<u>2</u>
Seminar				
Total Credit Hours				<u>5</u>

Purpose of Course:

Degree Requirement	<u> X </u>
Degree Elective	<u> </u>
General Education	<u> </u>
Certification	<u> </u>
Developmental	<u> </u>
Community Education	<u> </u>
Vocational Education	<u> </u>
Adult Basic Education	<u> </u>

Distribution Area:

Humanities	<u> </u>
Social Sciences	<u> </u>
Mathematics (Credit)	<u> </u>
Science	<u> </u>

Prerequisite(s) “C” or better in NURS 110

Signature, Curriculum Committee Chairperson _____
Date

Signature, Dean of Academic Affairs _____
Date

Signature, Vice President of Academic Affairs _____
Date

Last Date Reviewed or Revised: May 13, 2019 (Spring Semester)

I. Nursing of Adults I
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II. Course Outcomes

A. Student Learning Outcomes

Upon completion of this course, the student will be able to:

1. Identify stressors affecting patients' health and assist patients in developing coping strategies (NURS evidence-based care, NURS healthy lifestyle)
2. Describe normal and altered structures and functions of body system (NURS evidence-based care, NURS civic, ethical, cultural responsibility)
3. Plan, implement, and evaluate nursing interventions for the young and middle-aged hospitalized patient (NURS evidence-based care, NURS issues and trends)
4. Give oral and written reports to patient, family members, and members of the health care team (NURS evidence-based care)

III. Course Content

Identify stressors and alterations in body structures that impact health status of individuals.

1. Basic Concepts in Nursing
2. Homeostasis, Stress, and Adaptation
3. Perioperative Nursing
4. Normal and Alterations in Body Structures and Functions
5. Therapeutic Communication

IV. Methods of Instruction

1. Lecture
2. Class discussion
3. Case studies
4. Clinic practicum
5. Pre and post clinic conferences

V. Equipment and Materials

1. Audio Visual Media
2. Library and online resources
3. Simulation Mannequin
4. Clinic transportation

VI. Suggested Methods of Evaluation

1. Tests
2. Oral and written assignments
3. Individual and group projects
4. Case studies
5. Clinic performance

Letter grades will be assigned per CMI Grading System.