

I. Family Health Nursing I
Course Title

NURS 235
Alpha Number

II. Course Outcomes

A. Student Learning Outcomes

Upon completion of this course, the student will be able to:

1. Apply basic principles of nursing care to mothers, infants, children, and adolescents (NURS evidence-based care)
2. Use growth and developmental theories in caring for mothers, children, and the family (NURS evidence-based care)
3. Develop effective and culturally relevant nursing interventions to meet health care needs of high risk pregnant mothers and their families (NURS civic, ethical, cultural responsibility)

III. Course Content

Provides students with basic knowledge and concepts of nursing care of families in the childbearing years.

1. Introduction to Family Health
2. Principles of Human Growth and Development
3. Normal and High Risk Pregnancies
4. Culturally sensitive nursing care
5. Common Childhood Diseases and Disorders

IV. Methods of Instruction

1. Lecture
2. Group activities
3. Presentations
4. Case studies
5. Simulated scenarios
6. Pre and Post Conference
7. Clinic practice

V. Equipment and Materials

1. Audio-Visual Aids
2. Weight scale and measurement
3. Mannequin
4. Nursing supplies and equipment
5. Library and online resources

VI. Suggested Methods of Evaluation

1. Tests
2. Care plans
3. Oral presentations
4. Clinic performance
5. Case study

Letter grades will be assigned per CMI Grading System.