

**College of the Marshall Islands**

**COURSE OUTLINE**

**CIP No. 51.1611**

**NURS 256**  
**Alpha Number**

**Community and Mental Health Nursing**  
**Course Title**

**Course Description**

Examines nursing care directed toward clients of all ages in a wide variety of settings. Includes health education, maintenance, restoration, coordination, management, and evaluation of care of individuals, families, aggregates, and communities. Explores the theories of personality, human interaction and communication, normal and abnormal psychosocial adaptation, and the care and treatment of persons with maladaptive psychosocial behavior.

**Course prepared by:**      Nursing and Allied Health Department      September 2008

	Hours per Week	Number of Weeks	Total Hours	Credits
Lecture	<u>3</u>	<u>16</u>	<u>48</u>	<u>3</u>
Laboratory				
Clinical	<u>10</u>	<u>16</u>	<u>160</u>	<u>2</u>
Seminar				
			<u>Total credit hours</u>	<u>5</u>

Purpose of Course:

Degree Requirement	<u>  X  </u>
Degree Elective	<u>      </u>
Certification	<u>      </u>
Developmental	<u>      </u>
Other	<u>      </u>

Prerequisite(s)      NURS 122, C or better

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Signature, Curriculum & Assessment Committee Chairperson      

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Date

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Signature, Dean of Academic Affairs      

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Date

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Signature, Vice President for Academic and Student Affairs      

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Date

Last date reviewed or revised: 

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**I. Course Outcomes**

A. General Learning Outcomes

Students who complete this course will:

1. Discuss the history, principles, and concepts of psychiatric and community health nursing (NURS 1, 3).
2. Provide community and psychiatric nursing care at all stages of disease process and prevention (NURS 1, 3).
3. Use the nursing process in the delivery of nursing care (NURS 1, 2, 3).
4. Apply therapeutic communication techniques in psychiatric and community nursing care (NURS 1, 3)

B. Student Learning Outcomes

Upon completion of this course, the student will be able to:

1. Describe the history, principles, and concept of psychiatric and community nursing care.
2. Use the nursing process in developing and implementing appropriate nursing interventions in the three levels of health care delivery.
3. Provide nursing care to clients in the clinics and community settings.
4. Communicate therapeutically with patients, family members, friends, members of the health care team, and others in the community.

**II. Course Content**

Introduction to community and psychiatric nursing, conceptual framework, perspectives, issues, and influences.

1. Perspectives in health care delivery and community health nursing.
2. Influences on health care delivery and community-oriented nursing.
3. Conceptual Frameworks in community and mental health nursing.
4. Issues and approaches in individual, family, community, and psychiatric health nursing.

**III. Methods of Instruction**

1. Lecture
2. Discussion
3. Presentations
4. Case studies
5. Clinic practice

**IV. Equipment and Materials**

1. Audio Visual (AV) Media
2. Medical equipment and supplies

**V. Suggested Methods of Evaluation**

1. Tests
2. Quizzes
3. Care plans

4. Oral presentations
5. Clinic performance

Letter grades will be assigned per CMI Grading System.